



University Transportation Research Center  
RFP Cover Sheet

**Title:** Traffic Control and Work Zone Safety for High Volume Roads  
Proposal Number: 2010-02  
Sponsor: NJDOT  
Date Issued: August 04, 2009  
Pre-Proposal Meeting: Contact NJDOT by August 17, 2009  
RFP Due at NJDOT: by September 14, 2009  
**RFP Closing Date: September 14, 2009**

If you plan to apply:

1. Please contact Camille Crichton-Sumners (camille.crichton-sumners@dot.state.nj.us) or Stephanie Nock (609-530-5637 or STEPHANIE.NOCK@dot.state.nj.us) to request a pre-proposal meeting, and so that you will receive information about this meeting if it is held. *This meeting will be your only opportunity to ask questions about this proposal.*
2. If you plan to submit a proposal through UTRC, please notify us by email at peickemeyer@utrc2.org and ckamga@utrc2.org. Please indicate whether you are open to teaming up with faculty at other universities on this project.

Proposal submission guidelines:

Please contact Camille Kamga (ckamga@utrc2.org, 212-650-8087) to discuss submission logistics. After UTRC confirms that the proposals' budgets meet UTRC and NJDOT guidelines, please use the UTRC cover sheet available at <http://www.utrc2.org/research/resourcesforpis.php> for submission of printed proposals to NJDOT.

Proposals must be prepared in accordance with NJDOT's Information and Instructions for Preparing Proposals. Please visit: <http://www.state.nj.us/transportation/refdata/research/pdf/techpropresproj.pdf>

For questions about budget preparation, contact: Camille Kamga, ckamga@utrc2.org

NJDOT has not specified a budget or timeline for this project. Please note that matching funds up to \$35,000 are available from UTRC for this RFP.

New Jersey Department of Transportation

Bureau of Research

**RESEARCH PROJECT**

**Request for Proposals**

**2010 Program**

**Date of RFP**

**08-04-09**

**Closing Date**

**09-14-09**

**Traffic Control and Work Zone Safety for High Volume Roads**

**Project 2010-02**

(Proposals must be prepared in accordance with NJDOT's *Information and Instructions for Preparing Proposals*. Please visit: <http://www.state.nj.us/transportation/refdata/research/pdf/techpropresproj.pdf>  
*Revised Proposal Evaluation Forms are available for your information on the website.*)

Proposals will be based on the merit of the information contained in the proposal. Budgets will be evaluated separately. Please place three (3) copies of the budget for this project in a separate sealed envelope.

**1. RESEARCH PROBLEM STATEMENT, BACKGROUND AND OBJECTIVES**

The Manual on Uniform Traffic Control Devices, MUTCD, currently addresses only work performed along the centerline of roadways and work performed along low speed roads. This work does not apply to the majority of situations encountered by NJDOT employees surveying or inspecting high speed, high volume roadways. Therefore there is a need to compile practices being used by other state DOT's to determine current practice and develop guidance for traffic control and work zone safety for high volume roads. Any form of temporary traffic control should be performed in accordance with directives of the Manual on Uniform Traffic Control Devices. Set-up and removal of lane and shoulder closures should generally be undertaken by Maintenance forces using the guidelines found in the Manual on Uniform Traffic Control Devices. The protection of employees and the public shall be the primary consideration when temporary traffic control measures are used. All reasonable measures shall be used to avoid interference with vehicular movement. Lane and shoulder closures shall not be considered until other alternatives have been evaluated for employee protection. The exposure time for temporary control devices used has to be minimized. Employee breaks should be scheduled so that temporary control devices are utilized for the entire period they are in place. All traffic hazards need to be considered and temporary traffic controls must be implemented to minimize the hazards. Some factors to consider are:

- Prevailing traffic speed.
- Peak traffic hours.
- Motorists' sight distances.
- Effect of unusual survey activities on traffic.
- Pavement conditions – wet, frosty, etc.
- Special conditions and events, such as school hours and large public gatherings.

Using the above as guidance determine current practices for traffic control and work zone safety as it applies to high speed roadways and propose recommendations for the NJDOT safety manual.

## 2. Tasks

[Provide a listing of appropriate general tasks divided into phases based on types of work (e.g., laboratory, field) or by year (e.g., year 1, year 2) or other appropriate milestones]

*The NJDOT is seeking the insight of proposal responders on how best to achieve the research objectives. Proposers are expected to describe a research effort that can realistically be accomplished as expeditiously as possible. Proposals must present the proposers' current thinking in sufficient detail to demonstrate their understanding of the problem and the soundness of their approach for conducting the required research.*

### **PHASE I – Literature Search**

Conduct a literature search of the current state of the practice.

After the award of the project, a more comprehensive literature search should be conducted. At the completion of this literature search, the PI will make a presentation to the Research Project Selection and Implementation Panel to discuss their findings and to discuss the appropriate research approach.

### **PHASE II – Research Approach and Anticipated Results**

Clear description of how you will solve the problem and implement anticipated findings. Work may be divided into phases (e.g., Laboratory, Field or Year 1, Year 2) as necessary to clarify tasks. *Exit Criteria* must be developed during this phase.

## 3. Implementation and Training Plan

The PI must meet with the Research Project Selection and Implementation Panel (RPSIP) and other NJDOT units to present the findings and as appropriate train these personnel in the use the project results.

**The PI will develop an implementation plan as per the guidelines provided by NJDOT Research Bureau.**

## 4. Deliverables: [List of minimum deliverables necessary to complete the project]

- Presentation of Summary of Literature Search Results
- Discussion to Support and Refine the Project Tasks
- Project work plan.
- Technical Memorandum on the survey results
- Technical memorandum on the measures that are working or not working
- Technical memorandum on actions taken
- Interim Status reports suitable for Senior Leadership if required
- Quarterly Reports, and
- Final report with appropriate tables, graphs and charts in hard copy version, PDF file format, Word, and on CD ROM. Two copies plus one per RSIP member of each presentation, technical memorandum, draft final report and Final Report (plus 10 copies). The Final Report and Tech Brief are due three (3) months before the end date of the project to allow time for review by the Research Project Selection and Implementation Panel. Final Acceptance will be granted upon receipt of ten copies of the approved final report.

## 5. Contract Time:

The PI must provide the anticipated research study duration based on the proposed tasks. Consideration should be given to potential impediments so that adjustments are incorporated into the schedule minimizing the need for time extensions.

## 6. Contacts:

A meeting may be scheduled with interested parties upon request after the RFP's are distributed to refine the objectives and deliverables and to promote a better understanding of the research needs. Questions on this topic **shall not** be directed to any Research Project Manager, Research Customer, or any other NJDOT

person. All questions and answers would be addressed **during this meeting**. Contact Camille Crichton-Summers ([Camille.CrichtonSummers@dot.state.nj.us](mailto:Camille.CrichtonSummers@dot.state.nj.us)) on or before August 17, 2009 to confirm your interest in participating in such a meeting.

## **7. DEADLINE**

<p><b>Proposals (10 single-bound copies) are due at the NJDOT Bureau of Research no later than 4:00 p.m. September 14, 2009</b></p>
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**Authorization to Begin Work:** January 1, 2010--estimated or as negotiated

## **8. Delivery Instructions:**

**For private, paid messenger services such as Federal Express, DHL, UPS, etc., or for hand-carried deliveries:**

2010 PROPOSAL-NJDOT  
New Jersey Department of Transportation  
Bureau of Research  
1035 Parkway Avenue  
Trenton, New Jersey 08625-0600

### **For U.S. Postal Service mail:**

New Jersey Department of Transportation  
ATTN: Camille Crichton-Summers  
Manager, Bureau of Research  
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Trenton, New Jersey 08625-0600