





September 11th Memorial Program Presentation

Internship at NYMTC on Regional Decision Making/Conference Planning

D. David Zhang NYMTC, Oct 18th 2006

Presentation Agenda

- About Myself
- About the Internship Project
- Good to Go Conference
- Conclusion





About Myself

Background

- Beijing University of Aeronautics and Astronautics
 Bachelor of Engineering, Mechanical
- Columbia University

 Master of Science in Urban Panning

Transportation Related Experience

- Tappan Zee Bridge Studio





- Mass Transit Railway Corporation Limited, Hong Kong SAR, China









Internship Project

Regional Decision Making

The Internship project in short:

• Work with NYMTC Executive Director directly in the development, arrangement, and implementation of **regional conferences** on emerging transportation issues.

What Does a Conference Mean to NYMTC?

- It fulfills NYMTC's role of serving as the **regional** collaborative forum.
- Strengthen NYMTC's leadership role in metropolitan planning process.
- Make the **coordination efforts** of NYMTC more efficient.





What Have I Been Doing?

- -Research critical transportation issues in the NYTMC region. Worked with NYMTC staff in developing proposals for regional policy conferences on specific issues;
- **-Worked with the planning committee** for the "Good to Go" Conference;
- -Assisted in the development of a RFP for development of a new land use model for the Technical Group;
- **-Professional exposure**: meeting and conference at all level of the public sector.





Bus Rapid Transit

- Cost-effective solution
- Improve overall bus transit image

Transportation for older adults

- Critical demographic change
- Recognized issue nation-wide (WHCoA)

Safe Routes to School

- Safe, health and environment issue
- Federal Government's dedication to it.

Transit Oriented Development

- Tremendous transit advantage
- Immediate development needs













Bus Rapid Transit



- Introduce a new, high performance transit option.
- Improve the speed, reliability and appeal of the bus system.
- Provide measurable benefits to current customers as well as attracting new riders and supporting growth and redevelopment.





BRT – What Has Been Done?





New York State Department of Transportation



Tappan Zee Bridge BRT Study





New York City Department of Transportation









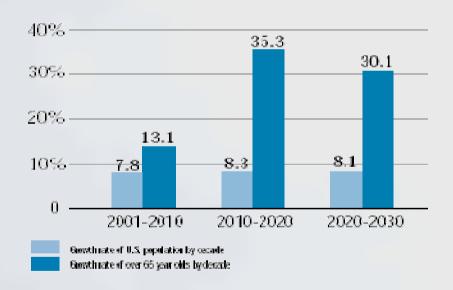






Transportation Planning for Older Adults

- By 2030, 20% of the total population will be 65 years old or older (double)
- NYMTC region: 10 of the region's counties rank top 35 with largest population with older adults
- Travel pattern has changed
- Older Adults' transportation issues needed to be resolved: affordability, easiness-to-use, flexibility







Transportation Planning for Older Adults – What Has Been Done?

- Westchester County: assistance in transportation services and information to senior citizens through the Older Driver Assistance Program; dedicated transportation for older adults.
- **Rockland County**: ongoing outreach programs that include education for elderly persons on using the transit system.
- Long Island: **Nassau** and **Suffolk** County set up dedicated transit for older adults; provide discount pricing.
- The New York City Department of Transportation: programs to improve pedestrian safety.
- MTA: developing transit system that is fully accessible, and continuing the reduced-fare program for the elderly and disabled.
- Other agencies: AARP has set up an educational program for senior drivers to improve their driving safety.
- **Conferences**: Westchester, White House Conference







Safe Routes to School

- A Federal-Aid program of the U.S. Department of Transportation's Federal Highway Administration (FHWA). Section 1404 of SAFETEA-LU.
- The SRTS Program is funded at **\$612 million** over FY 2005-2009
- Administered by State DOTs.

Why Safe Routes to School?

- Safety issue
- Health issue
- Environment issue







Safe Routes to School – What Has Been Done?

- SAFETEA-LU: provides funds to States to support both infrastructure and non-infrastructure efforts to improve the ability of primary and middle school students to walk and bicycle to school safely.
- In the NYMTC region, a formal Safe Routes to School program was first established by New York City DOT and Transportation Alternatives in the Bronx.
- •NYC DOT has launched a city-wide planning initiative.
- In suburban counties including **Westchester** and **Suffolk**, county departments of transportation have also held workshops on Safe Routes to School programs in order to develop further plans to improve bicycle and pedestrian safety for students.
- NYMTC also started a pilot program for SR2S, with workshops, community meetings and other public involvement.





Transit Oriented Development

• Why talk about TOD in a **regional scale**?

The region have a significant transit advantage and increasing housing and office need.

Benefits of TOD:

- Create mixed-use environment,
 preserving open space, decrease
 pollution and the use of automobile.
- Economic benefits as it diverse
 housing types, create value that can be
 captured for innovative financing...







TOD – What Has Been Done?

- SAFETEA-LU: Section 1117, Transportation, Community, and System Preservation (TCSP) Program
- MTA has been undertaking innovative finance programs, such as utilizing real estate value capture above train station to finance rehabilitation at Atlantic Terminal and Jamaica Terminal.
- **NYC DCP** embraces the idea of TOD in Hudson Yards, as well as rezoning City-wide in supporting TOD.
- Long Island Nassau Hub is a TOD development in essence; biggest development in Nassau county ever.
- Lower Hudson Valley Tappan Zee Bridge/cross corridor transit development also provided opportunities for TOD.
- Conferences by UTRC, Rudin Center.

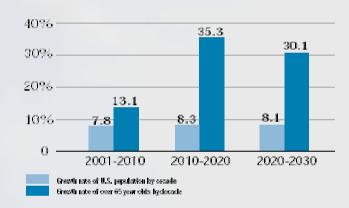


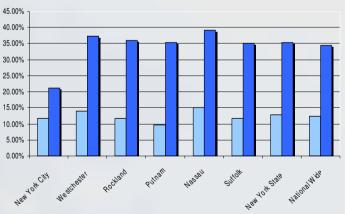


Topic Identified

Critical Issues: Transit Options for Older Adults

- By 2030, 20% of the total population will be older adults (double)
 NYMTC region: 10 of the region's counties rank top 35 with largest population with older adults
- Seniors are too dependent **single mode** (80% driving v. 5% on public transit)
- Older Adults' transportation issues:
 affordability, easiness-to-use,
 flexibility
- White House Conference on Aging: Ranked transportation issues for senior citizens top 3 resolutions





■ Senior % ■ 45+ %





Topic Identified

Critical Issues: Transit Options for Older Adults

Why Focusing on *Transit*?

- New York metropolitan region has the **transit advantage** (of course!)
- Less able to drive: According to APTA, more than one in 5 older Americans doesn't drive.
- Life quality is seriously undermined by not being able to drive: more than 50% older non-drivers stay home on *any* given day; 15% fewer trips to the doctors, 59% fewer trips to shops and restaurants, and 65% fewer trips for social and family events.
- Never Retire: Americans tend to work when they get to retirement age nowadays; how to address older commuter's needs.





Planning the Conference

Partner with Experts in the Field





- Half Day Conference: Keynote speech by highlevel official, 2 panel sections by experts and key persons in the field
- **-Targeted Audience**: policy makers, elective officials, local agency representatives, experts in the field





Results of the Conference

AARP Transit Survey

- Transportation mode: driving is predominant mode of transportation:
 60% drives, while 58% of non-drive share rides; yet 40% of non-drivers use public transit.
- Quality of life: non-driver's life quality is effected by transportation. 35% of them only get out once or twice—if at all.





Results of the Conference

AARP Transit Survey ARP (continued)

- Transit exists, but not for seniors: 81% said public transit is available in their community.

 However, from top concerns (1, Goes where they wan to go (69%), 2, affordability (67%), and 3, convenience (61%)) suggests that transit system needs to be specific for older customers.
- Transit and Community: More than half (55%) indicated it will be *difficult* for them to stay in the community if they can no longer drive; And even more (58%) suggested they will choose *a new community with better transit*.





- Opening remarks
 Rudin Center, NYMTC, and AARP
- **Keynote**FTA Administrator James Simpson
- Panel I: Current Approaches
 What is currently being done?
 Types of services, worked or not?
 What can be used here in our region.
- Panel II: Challenges and Next Steps
 Policy, economic/resource, and
 institutional challenges and how to
 overcome;
 Types of coordination/outreach is need;
 what's next.









Results of the Conference

Opening Speaks – Allison de Cerreno, Joel Ettinger, Thomas Nelson

- **Issue Framed:** A message to highlight this critical aging issue was broadcasted; the importance of transit for older adults is underscored.



Keynote Speaker – James Simpson, Administrator, FTA

- Key policy-makers should get involved in the discussion.
- Called for all levels of participation: coordinators, partnerships and stakeholders, planners, communities
- Cost and Benefits: Transit authorities should also look at the benefits to be created when they look at cost.

Results of the Conference (continued...)

Panel I – Moderated by Robert Hodder



William Millar, APTA

- Public transit usage is increasing while auto usage is decreasing
- Presented examples across the country: PA, OR, FL
- Called for efforts on the local level



William Wheeler, MTA Special Project Development and Planning

- Pointed out the different needs of different age groups "one size does not it all".
- Aging of the workforce will require even more efforts to be paid.
- Convenience of customers is critical





Results of the Conference (continued...)

Panel I – Moderated by Robert Hodder (continued...)



Larry Salley, Westchester DOT

- Presented what Westchester has been doing to address senior transportation issues.

Off peak; Reduce fare; Taxi Vouchers; Bee-Line studies.

- Noted the importance of *connecting land use with transit* to the seniors to use transit: develop around transit





Results of the Conference (continued...)

Panel II – Moderated by Robert Yaro

Marcus Harazin, New York State Office of Aging

- Talked about State agencies' effort on the issue.
- Noted minority senior population is growing faster, and their needs should be addressed in a different way.

Neil Yellin, MTA Long Island Bus

- Talked about the critical connection between land use and bus service for older population with picture examples;
- Co-operation between developers and transit operators and government.





Results of the Conference (continued...)

Panel II – Moderated by Robert Yaro (continued...)

Chris Zeilinger, CTAA

- Presented what **federal agencies** has been doing, and where the resources are
- But local and regional level coordination is also significant; suggested that coordinated planning process needs to have more resources attached to it to make it effective.
- Customer and Community involvement: Needs to find out what people want





What Are the Next Steps

- Get involve key people: elective officials, board member of transit operators;
 - NYMTC will partnership with AARP on future discussion on subregional level: County, Borough level. As a result of this we could define sub-regional level specific follow-up efforts.
 - This conference could serve as a model for other metropolitan regions.
 - NYMTC, with partner with Rudin Center, will plan a series of other regional conference in future, to address the region's critical transportation needs.





Conclusion

Personal Benefits

- Opportunities to work with various agencies, and experts;
- Better understanding of the metropolitan planning practice, tools and data used in the process.
- Gained a real picture of working in public sector and the decision making process.

Acknowledgement

Thank you!





Thank you!



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